

## A 'DAY IN THE LIFE OF...'



Name: **Natalie Roberts**  
 Company: **Adelphi Communications**  
 Current job title: **Medical Writer**  
 University attended: **Liverpool**  
 Degree course: **MChem Medicinal Chemistry with  
 Pharmacology; PhD Organic Chemistry**

Adelphi in three words:

**Inclusive Challenging Rewarding**

*“I’ve learned a lot about myself and my capabilities, what I really enjoy doing, and areas that I need to work on.”*

As I was nearing the end of my PhD, I realised that I wanted to move away from the bench and began to explore other career options. I was looking for a career that would allow me to remain at the cutting edge of science, and make use of the skills and training I had gained during my time in academia. That is when I came across the world of medical communications. After much research, I decided to apply for a role as an Associate Medical Writer at Adelphi Communications; not only because of their excellent reputation in this field but also the emphasis they place on personal development and training.

It would be difficult to describe a “typical day” in my role, as no two days are the same! However, I can say that since I’ve started at Adelphi I’ve worked on newsletters, webinars, satellite symposia, pitches, congress posters, and much more. I’ve worked with some of the biggest pharmaceutical companies in the world and the most respected clinicians in the fields of cardiology and multiple sclerosis. Today, for example, I’ve made changes to a webinar slide deck following a client call, I’ve finished marking up a document ready to be submitted for regulatory approval, and I need to make the final changes to a newsletter I’ve been working on. Then, when I get home this evening, I will be packing my suitcase ready for a work trip to New York.

I’ve learned a huge amount in my time at Adelphi, and I’m not just talking about company processes, or the best colours to use for projecting a PowerPoint presentation. I’ve learned a lot about myself and my capabilities, what I really enjoy doing, and areas that I need to work on. The job can be challenging and we often work to very tight timelines but if you are prepared for this, and willing to give it your best, it can be incredibly rewarding too.

If you are interested in a career in medical communications and you have the necessary experience then I would say to go for it! If I could recommend one thing beforehand it would be to do your research. There are plenty of online resources to help you find out more about medical writing, and even though you don’t get a true understanding of the role until you start doing it, it certainly helps to be prepared for writing tests and interviews. I would also suggest taking some time to look into the companies you are applying to as well. This is an important step in your career, so you need to be sure that you will have the best support and opportunities for further training and development.

Outside of work I can usually be found in the Lake District, as it’s my favourite place to unwind and reset after a busy week.

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