

A 'DAY IN THE LIFE OF...'



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Degree course: **MBiol Biological Sciences**

Adelphi in three words:

Fast-paced Challenging Exciting

“... I work in a fast paced and ever-changing environment where no two days are the same”

While studying for an integrated Master's degree in Biological Science, I spent my final year within a research lab - however, I realised that although I was interested to continue in science and healthcare, I wanted to pursue a career looking at this from another perspective. Having found out about the Adelphi Graduate programme at the university careers fair, it ticked all the boxes for me. The graduate scheme here has given me the opportunity to do this, allowing me to make use of my scientific background but at the other end of the spectrum.

Although I only began in September 2016, I am finding that I have learnt so much already. Working in Adelphi Research UK, I work in a fast paced and ever-changing environment where no two days are the same. Different projects bring different challenges and with each comes a different style of working. I have had the opportunity to try both qualitative and quantitative research, liaising with both clients and agencies to get the job done. Through this job, I also regularly travel across the UK to carry this out, meaning that there isn't necessarily a 'typical day' in the office. Although market research is not something I had ever considered before being placed here, it ties in all of the skills I possess while allowing me to interact with Pharma and still use my scientific background in a way that is completely new to me, seeing the positive impact it can have further down the line.

While working at Adelphi can be challenging at times, the graduate scheme has also provided me with plenty of opportunities outside of the normal day. The scheme itself provides sessions that teach a broader knowledge of the pharmaceutical industry as well as the Adelphi group itself. More unusual activities include days out of the office finding out about ourselves and how different personalities can work together. It definitely isn't all hard work here though - working here has also given me the chance to meet other like-minded graduates who will always go for lunch! (Not to forget the Christmas parties - they are always cracking!)